



# “MILLENNIUM CUP”

INTERNATIONAL INVITATIONAL

**May 19-21, 2006**

Vancouver, British Columbia

**Canada**

Dear Rhythmic Gymnastics Friends,

You are invited to take part in the 7<sup>th</sup> Annual “**Millennium Cup**”, Club Adagio and The Academy’s international rhythmic gymnastic invitational May 19-21, 2006. Vancouver will be your host city - enjoy the wonders of Canada’s most breathtaking west coast city and the warm and exciting atmosphere of its cosmopolitan environment. Hope to see you in Vancouver in May 2006.

**BB Ignatova (949) 838-5453 or Adrienne Arnold (604) 261-2752**

Contact us by email: [adriennearnold@shaw.ca](mailto:adriennearnold@shaw.ca) or [bbignatova@yahoo.com](mailto:bbignatova@yahoo.com)

Visit The International Academy’s website at <http://www.internationalrhythmics.com>



# MILLENNIUM CUP 2006

## COMPETITIVE CATEGORIES

### National/International FIG

|                                   |                                   |
|-----------------------------------|-----------------------------------|
| Level 10 Junior & Seniors         | National Team Members FIG Program |
| Level 9 Junior & Seniors          | FIG Program                       |
| Level 8 Novice Age (11-12rs)      | Free + 3 Apparatus                |
| Level 7 Pre Novice Age (8-10 yrs) | Free, +2 Apparatus                |

### Groups:

|                                 |                                       |
|---------------------------------|---------------------------------------|
| Senior - Group                  | 3 Hoops/2 sets of Clubs and 5 Ribbons |
| Senior - Duo                    | 2 Ribbons                             |
| Senior - Trio                   | 2 Hoops and 1 set of clubs            |
| Junior - Group, Duo or Trio     | Balls                                 |
| Novice - Group, Duo or Trio     | Clubs                                 |
| Pre Novice - Group, Duo or Trio | Ropes                                 |

### Provincial Level Program (Requirements Available Upon Request)

|                       |  |
|-----------------------|--|
| Provincial Seniors    | Any 3 routines including Free (16+)                              |
| Provincial Juniors    | Any 3 routines including Free (13-15)                            |
| Provincial Novices    | Any 3 routines including Free (10-12)                            |
| Provincial Pre Novice | Any 3 routines including Free (8-10)                             |
| Level 2 *             | Free, Rope, Ball (or substitute apparatus)* Age Categories below |
| Level 1 *             | Free, Rope (or substitute apparatus) *Age Categories below       |
| Pre Level 1           | Free, Rope or Free Only (6-8 years only)                         |

### \*Note: Age Categories for Level 1 and Level 2:

Child 8-10, Novice 11-12, Junior 13-15, Senior 16+

Provincial Groups, Duos and Trios: open apparatus for each Level

### Awards:

#### **Millennium Cup Team Trophy:**

Top accumulated All Around Score for 1 Senior, 1 Junior and 1 Novice Individual from a Team

**Individual Trophies:** Awarded to the top All Around Scorer in each Individual Level and awarded to the top Group per FIG International Category.

**Medals:** 1-8 All Around; 1-3 per event in each category for Individual  
1-3 Groups in each Level

**Ribbons:** 4-8 in each event for each category

# Millennium Cup General Information

## Registration Deadlines:

- April 2, 2006**      -Fees & Registration Forms  
-Book Hotel , latest date for booking Holiday Inn, North Vancouver  
-ask hotel for “**Millennium Cup**” special room rate
- May 15, 2005**      Submit FIG scripts for Difficulty & Artistic  
-3 copies of each per routine

## Fees: (payable to “Millennium Cup”)

|                              |   |
|------------------------------|---|
| All Non Canadian Gymnasts    | \$100.00 U.S.\$'s (Individual or Group)   |
| Canadian Gymnasts Level 2-10 | \$100.00 Canadian \$'s  |
| Canadian Gymnasts Level 1    | \$65.00 Canadian \$ (two routines)<br>\$45.00 Canadian\$ (1 routine or Provincial Group Only) |

- Delegations responsible for own airfare and accommodation
- One judge per international team would be appreciated, but not required
- Website information address: <http://www.internationalrhythmics.com>

## **Send Registration Payable to: “Millennium Cup”**

5587 Olympic Street, Vancouver, B.C. Canada V6N 1Z4  
Attention: Adrienne Arnold or request bank wire information

# COMPETITION DETAILS

**DELEGATION ARRIVALS**      Thursday, May 18<sup>th</sup>, 2006

**TEAM TRAININGS**              Friday, May 19<sup>th</sup> morning only at Capilano College competition site

**COMPETITION SCHEDULE**      Friday 1-9:30pm; Saturday 8-6:00pm; Sunday 8-6pm

- See attached preliminary schedule subject to minor time adjustments once registrations are complete

## **COMPETITION LOCATION**

- Capilano College, 2055 Purcell Way, North Vancouver (604) 984-4977
- Sportsplex Gymnasium
- Gym – Bright gymnasium with 8m ceiling, bleacher seating and full concession on site
- FIG Mitufa carpet for competition & training area

## **ACCOMMODATION**

- Holiday Inn North Vancouver is a beautiful spa hotel in a gorgeous setting at the foot of the N.Shore mountains
- [www.hinorthvancouver.com](http://www.hinorthvancouver.com); 604-985-3111
- A limited block of rooms are set aside under the name “**Millennium Cup**”, so please book your accommodation with Holiday Inn and ask them to quote you our special competition rate of \$135.00 quadruple occupancy
- Very short 10 minute walk to Capilano College Gym, bus stop in front of hotel and College
- Convenience store and restaurants on site at hotel

## **BANQUET**

- Saturday May 20, 2006; 7:00-10:00 pm - Fill out numbers on the Registration Form
- \$20. per person, please reserve with payment in advance when you register, last year was “sold out”

## **SOUVENIR COMPETITION “Tank Tops, Sweat Shirts and other items”**

- will be available for purchase on site

