



“MILLENNIUM CUP”

INTERNATIONAL INVITATIONAL

May 20- 22, 2005

**Vancouver, British Columbia,
Canada**

Dear Rhythmic Gymnastics Friends,

You are invited to take part in the “**Millennium Cup**”, Club Adagio and The Academy’s international rhythmic gymnastic invitational May 20-22, 2005. Vancouver will be your host city – enjoy the wonders of Canada’s most breathtaking west coast city and the warm and exciting atmosphere of its cosmopolitan environment. Hope to see you in Vancouver in May 2004.

BB Ignatova and Adrienne Arnold(604)261-2752

Phone and Fax as above or contact Adrienne by email: adriennearnold@shaw.ca

or visit The International Academy’s website at

<http://www.internationalrhythmics.com>



MILLENNIUM CUP 2005

COMPETITIVE CATEGORIES

National/International FIG

Level 10 Junior & Seniors	National Team Members FIG Program
Level 9 Junior & Seniors	FIG Program
Level 8 Novice Age (11-13yrs)	Free, Rope, Hoop, Ball
Level 7 Child Age (8-10 yrs)	Free, Rope, Ball

Groups:

- Senior Group** 3 Hoops/2 sets of Clubs and 5 Ribbons
- Senior Duo** 2 Ribbons
- Senior Trio** 2 Hoops and 1 set of clubs
- Junior Group, Duo or Trio (13- 15 yrs)-** Balls
- Novice Group, Duo or Trio (11-13 yrs) -** Ropes
- Pre Novice Group, Duo or Trio (8-10 yrs)-** Ropes

Provincial Level Program (Requirements Available Upon Request)

- Provincial Seniors** Any 3 routines including Free
- Provincial Juniors** Any 3 routines including Free
- Provincial Novices** Any 3 routines including Free
- Level 2 Child, Novice, Junior, Senior Age** Free, Rope, Ball (or substitute apparatus)
- Level 1 (2 apparatus) Pre Child 6-8, Child 8-10, Novice 11-13, Junior 13-15, Senior 16+**
- Level 1 (1 apparatus) Age categories as above**
- Provincial Groups, Duos and Trios for all Levels and Age Categories** Open apparatus

Millennium Cup Trophy

TEAM TROPHY: Top Team determined by adding the All Around Score of a Club's top Senior, Junior and Novice Competitor.

INDIVIDUAL TROPHIES: Top All Around Individual Scorer – Each Level

Millennium Cup

General Information

Registration Deadlines:

April 15, 2005

- Submit Registration forms and Registration Fee Cheque
- Book Accommodation latest date at "Holiday Inn, North Vancouver"
- limited room blocking so book early to ensure & ask for Millennium Cup room rate

May 15, 2005

Submit FIG scripts for Difficulty & Artistic – 3 copies of each per routine

Fees: (payable to "Millennium Cup")

All Non Canadian Gymnasts \$100.00 U.S. \$ (Individual or Group)

Canadian Gymnasts Level 2-10 \$100.00 Canadian \$

Canadian Gymnasts Level 1 \$65.00 Canadian \$

Canadian Gymnasts Level 1 (one routine or Group Only) \$45. C.\$ per gymnast

Aesthetic or Gymnastrada Participants - \$15.00 Canadian per gymnast

- Delegations responsible for own airfare and accommodation
- One judge per international team would be appreciated, but not required
- Website information address: <http://www.internationalrhythmics.com>

Send Registration Payable to: "Millennium Cup"

5587 Olympic Street, Vancouver, B.C. Canada V6N 1Z4

Attention: Adrienne Arnold or request bank wire information

DELEGATION ARRIVALS:

- Thursday, May 19th, 2005

TEAM TRAININGS:

- Friday, May 20th - 1/2 day at Capilano College competition site

COMPETITION SCHEDULE:

- Friday 1-8:30pm; Saturday 8-7:30pm; Sunday 8-6pm
- See attached preliminary schedule subject to minor time adjustments once registrations are complete

COMPETITION LOCATION:

- Capilano College, 2055 Purcell Way, North Vancouver (604) 984-4977
- Sportsplex Gymnasium
- Gym – Bright gymnasium with 8m ceiling, bleacher seating and full concession on site
- FIG Mitufa carpet for competition & training area

ACCOMMODATION:

- Holiday Inn North Vancouver is a beautiful spa hotel in a gorgeous setting at the foot of the N.Shore mountains
- www.hinorthvancouver.com; 604-985-3111
- A limited block of rooms are set aside under the name "Millennium Cup", so please book your accommodation with Holiday Inn and ask them to quote you our special competition rate of \$129.00 quadruple occupancy
- Very short 10 minute walk to Capilano College Gym, bus stop in front of hotel and College
- Convenience store and restaurants on site at hotel

BANQUET:

- Saturday May 21, 2005; 7:00-10:00 pm - Fill out numbers on the Registration Form
- \$20. per person, please reserve with payment in advance when you register, last year was "sold out"

SOUVENIR COMPETITION Tank Tops:

- XS, S, M, L (tight fit) - fill out numbers and sizes on the Registration Form
- Cotton/lycra, comfy and stretchy, with event logo
- \$20.00 each, please order in advance, there will be a limited supply

